



# CHOA CHU KANG PICKLEBALL SKILL EXCHANGE LIVELY PLACE PROGRAMME 2021

## 1.0 OBJECTIVES

- 1.1 To create an opportunity for the pickleball community to come together and learn from each other. It is also for the residents to enhance the neighbourly ties within the estate while they meet up regularly to exercise and stay active.
- 1.2 To introduce this sport to residents in Choa Chu Kang. The team aims to form local pickleball interest groups, supported by the local communities e.g. Residents' Committee, to organise regular sessions to promote and sustain interest in the game. This will also encourage community interactions and better use of the sporting facilities provided in the neighbourhood to encourage a healthy lifestyle.

## 2.0 IMPORTANT NOTES AND DISCLAIMER

- 2.1 Prevention and containment of COVID-19 is the top concern. All players and participants shall abide to advisory on COVID-19 safe measures.
- 2.2 The Organisers shall not in any event be held liable for any injury or loss as a result of the player's participation in the event.
- 2.3 All players are advised to have personal accident insurance cover.

## 3.0 PARTICULAR RULES AND REGULATION

- 3.1 All players must report to court IC on the day of the event for attendance taking and temperature check before he/she is allowed to step into the court.
- 3.2 All players and participants shall abide to relevant and latest authority advisory COVID-19 safe management measures. Refer to Appendix for more information and advisories.
- 3.3 Total number of persons per court shall be 8 or less.
- 3.4 Do not invite spectators.



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- 3.5 Keep noise level low.
- 3.6 Mask on at all times. Take off mask only when step into the court; and put on mask immediately when step off the court.
- 3.7 Sanitise shared equipment, especially balls before and after the match.

### **4.0 LIVELY PLACES CHALLENGE 2021**

Lively Places Challenge 2021 comprises of TWO key events:-

#### 4.1 PICKLEBALL SKILL EXCHANGE – 21 Mar 2021 (Sun), 9am-12pm

This event is for pickleball players with the fundamental pickleball skills, able to sustain a short rally and familiar with court positions for double play (minimum 2.0 skill level). It will consist of actual match play and rule quiz to test players understanding of the pickleball rules.

Total 32 players for this event. All players will be divided into 4 courts:-

- Skill level 4.0 and above
- Skill level 3.5 - 3.99
- Skill level 3.0 - 3.49
- Skill level 2.0 - 2.99

#### 4.2 PICKLEBALL CLINIC – 28 Mar 2021 (Sun), 9am-11am

Three pickleball clinics will be held at two locations for beginner and intermediate players.

- TWO sessions of Level 1 for beginners (1 hour each session)
- ONE session of Level 2 for intermediate players (2 hours session)

### **5.0 PICKLEBALL SKILL EXCHANGE ON 21 MAR 2021 (SUN), 9am – 12pm.**

- 5.1 All players must register online at [www.pickleball.sg/cck](http://www.pickleball.sg/cck).
- 5.2 Matches will be played in these 4 outdoor badminton courts:-
  - Choa Chu Kang Central HDB Blk 205
  - Choa Chu Kang Central HDB Blk 223
  - Choa Chu Kang Central HDB Blk 233



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- Choa Chu Kang Central HDB Blk 236
  - Standby court Jalan Teck Whye Blk 159
- 5.3 This event is open to all pickleball players of different age groups and skill levels. Total of 32 participants, divided into 4 groups, only allow 8 players in each court.
- 5.4 Organiser will divide the players according to their skill level, and will inform players their grouping and court location prior to game day.
- 5.5 Players are expected to partner and play within the same grouping of 8. Once play commence, players are not allowed to switch grouping. No intermingling among groups is allowed.
- 5.6 GENERAL RULES AND REGULATION
- 5.6.1 Unless otherwise stated, game rules shall be referenced from the USAPA/IFP 2021 Official Rulebook, which can be found on [www.usapickleball.org](http://www.usapickleball.org).
- 5.6.2 The official ball for this event shall be Cultec Outdoor Ball (Yellow).
- 5.6.3 Any USAPA approved paddles may be used in this event. Approved paddle listing can be found on <https://equipment.usapickleball.org/>.
- 5.6.4 Due to the nature of the programme, players are to expect that court specifications and equipment shall not be uniform or standardised, or as spelt out in accordance to the USAPA/IFP 2021 Official Rulebook. Examples not limiting to the following,
- Deviations due to utilising existing badminton net posts available on outdoor courts. Rules pertinent to Permanent Object shall apply accordingly.
  - Differing court surfaces.
- 5.6.5 The Organiser reserves the rights to amend the rules & regulations or schedule the fixtures of the event at any time as deemed fit.



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### 5.7 Match Format

- 5.7.1 Round robin format, each **player** plays against every other **player** in his or her group. Each player will get to play minimum of 3 games.
- 5.7.2 Only doubles game - 11 points match, first to reach 11 points shall be winner.
- 5.7.3 No referee and line judges. Players shall call their own scores in accordance to Section 4 of USAPA/IFP 2021 Official Rulebook.
- 5.7.4 In an event of any doubts on-line call, this shall be in accordance to Clause 6.D.3 of the USAPA/IFP 2021 Official Rulebook where the opponent gets the benefit of the doubt. Player cannot claim a "let" because the ball was not seen or there is uncertainty.

### 5.8 Quiz

Every player will be given a chance to answer at least one quiz question. The quiz is to test players' understanding on the pickleball rules. \$10 voucher will be awarded to player with correct answer.

## 6.0 PICKLEBALL CLINIC ON 28 MAR 2021 (SUN), 9am – 11am

All players must register online at [www.pickleball.sg/cck](http://www.pickleball.sg/cck).

Course	Time	No. of participants	Venue
<b>LEVEL 1</b> for Beginners	9am - 10am	7	Choa Chu Kang Central <b>BLK 223</b>
	10am - 11am	7	
<b>LEVEL 2</b> for Intermediate	9am - 11am	7	Choa Chu Kang Central <b>BLK 233</b>



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### 6.1 Who can attend?

6.1.1 **Level 1 for Beginners** – Anyone who wants to learn a new sport, if you play a little racket sports will be an advantage. Suitable for players 10 years or above.

6.1.2 **Level 2 for Intermediate players** – For pickleball players seeking to improve your mechanics and shot techniques and improve your level of play.

6.1.3 Priority will be given to residents of Choa Chu Kang.

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## APPENDIX



**NEW NORMAL**

# SAFE OUTDOORS

Up to 8 people per group and no mixing between groups

**AVOID** crowded parks. Check [safedistparks.nparks.gov.sg](https://safedistparks.nparks.gov.sg)

**Wear a mask** unless doing strenuous exercises

**Keep 2 metres** apart for intense activities

**Sanitise hands** before and after touching common surfaces

**Use TraceTogether App or Token**



### If you are sick



Wear a surgical mask



See a doctor



Stay at home



**DON'T** doctor-hop

**See a doctor early if you have mild flu-like symptoms**



### Do not spread rumours

Get the latest on COVID-19 by signing up for the Gov.sg WhatsApp channel ([www.gov.sg/whatsapp](https://www.gov.sg/whatsapp)). The service is available in English, Chinese, Malay and Tamil.

Updated: 28 December 2020